# ✨ 30-Day Financial Reset Worksheet

Theme: Steward it well, surrender it all.
Purpose: To help you reset your mindset, money habits, and faith-driven goals in just 30 days.

Instructions:
Each day, complete the small task listed. Journal your reflections. Pray intentionally. Keep God at the center.

## 🗓️ WEEK 1: Reset Your Mindset

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| Day | Reset Task | Journal Prompt |
| Day 1 | Write down why you want to reset your finances | What’s your deepest money worry? What does God say about it? |
| Day 2 | List 3 money lies you’ve believed | What’s the truth in God’s Word? |
| Day 3 | Read Romans 12:2 | How do you need to be transformed financially? |
| Day 4 | Unsubscribe from 3 marketing emails | How does digital clutter affect your spending? |
| Day 5 | Start a financial prayer journal | What will be your first prayer? |
| Day 6 | Create a “Money I’m Grateful For” list | How has God provided in the past? |
| Day 7 | Rest & reflect (Sabbath check-in) | What mindset is God inviting you to shift? |

## 🗓️ WEEK 2: Reset Your Habits

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| --- | --- | --- |
| Day | Reset Task | Journal Prompt |
| Day 8 | Track every cent you spend today | What surprised you? |
| Day 9 | List your monthly subscriptions | Which ones can go? |
| Day 10 | Make a “Need vs Want” list | What do you tend to overspend on? |
| Day 11 | Declutter your wallet or purse | What does your wallet say about your habits? |
| Day 12 | No-spend day | How did it feel to say “no”? |
| Day 13 | Create a simple weekly budget | What’s your tithe and savings plan? |
| Day 14 | Reflect & pray for discipline | What habits are draining your financial peace? |

## 🗓️ WEEK 3: Reset Your Goals

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| Day | Reset Task | Journal Prompt |
| Day 15 | Set 3 short-term money goals | What is your motivation for each? |
| Day 16 | Write down your 12-month vision | Where do you want to be financially by next year? |
| Day 17 | Choose one debt to tackle first | How will you pay it off faster? |
| Day 18 | Calculate your financial net worth | How do you feel about the result? |
| Day 19 | Plan a “Dream Savings” goal | What’s your monthly commitment toward it? |
| Day 20 | Review and adjust your spending plan | What needs to change this month? |
| Day 21 | Reflect & ask God to bless your plans | Are your goals aligned with His purpose for you? |

## 🗓️ WEEK 4: Reset Your Faith + Future

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| Day | Reset Task | Journal Prompt |
| Day 22 | Read Proverbs 3:5-6 | What is God asking you to surrender financially? |
| Day 23 | Create or review your giving plan | Who can you bless this month? |
| Day 24 | Research 1 passive income idea | What would suit your current skills? |
| Day 25 | Find one free financial tool or app | How will it help you stay on track? |
| Day 26 | Write a letter to your future self | What do you hope she’s learned about money? |
| Day 27 | Create a financial affirmation or scripture declaration | Repeat it daily for 7 days |
| Day 28 | Reflect & worship | How has God shifted your heart during this reset? |
| Day 29 | Celebrate your progress! | What wins are you celebrating today? |
| Day 30 | Commit to the next 30 days | What new habit will you carry forward? |

## 📌 Bonus Page: Monthly Financial Snapshot

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| --- | --- | --- | --- |
| Category  | Budgeted | Actual | Notes |
| Tithes & Giving |  |  |  |
| Rent/Bond |  |  |  |
| Groceries |  |  |  |
| Utilities |  |  |  |
| Transport |  |  |  |
| Debt Repayment |  |  |  |
| Savings |  |  |  |
| Miscellaneous |  |  |  |
| Total |  |  |  |